



A Sense of Wonder: *Exploring the Connections of our Inner and Outer Landscapes*

Come join us for a Circle of Trust® Retreat on Hurricane Island, ME to renew your relationship with the natural world, others and yourself.

“Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts” (Rachel Carson). Experience the beauty and serenity of Hurricane Island; listen to the sound of the surf and the gulls; breath the scent of spruce and balsam fir; touch and taste the sea around you; and be inspired by the rising and setting sun and the shimmering sparkles of light reflected off the water and into your soul. Come and be renewed with a *sense of wonder so indestructible that it will last throughout life...*



Where? Beautiful Hurricane Island in Penobscot Bay, Maine.

When? Friday, July 24 to Sunday, July 26, 2015 (2 1/2 days).

Cost? \$400: includes two-nights lodging in rustic camp-style bunkhouses; meals of delicious whole-grain, organic food; workshop fees; and boat transportation from Rockland, Maine (mainland) to Hurricane Island. Partial scholarships available.

Please register by May 17.

Who? If you are interested in reconnecting with your inner nature in an inspiring, outdoor setting and reflecting thoughtfully on how your relationship with nature inspires a deeper connection to self, others and the world, come join us for a life-changing adventure on the coast of Maine. See below for more details...

Facilitators: Dave Oakes and Holly Wilkinson are Courage & Renewal facilitators from Northern New England who share a love of the land and sea, and are excited by the possibilities for renewal and a renewed sense of courage that this unique landscape invokes. Using the framework of Courage & Renewal's Circle of Trust®, built on the work and writing of Parker Palmer, we offer this retreat out at sea where wonder and reflection, play and purpose are part of the elements.

If you are concerned about our collective mistreatment of our environment and would you like to reconnect with nature, experience a sense of renewal, share a love for the outdoors with kindred spirits and committed peers, and explore actions that you can take in your own life to steward our environment, please feel warmly invited to join us for this 2 1/2 day Courage Earth retreat where we will:

- * Pause, be still, disconnect from technology and reconnect with the natural world, yourself, and with one another.
- * Experience a community of mutual support while exploring how your life can make a BIG difference in a world of great need.
- * Strengthen your capacity to ask open-ended questions, listen whole-heartedly, and share with others what is most meaningful to you.
- * Explore how to lead and serve out of a place of courage and wholeness.
- * Develop an action plan for stewarding what you believe and love.



In large group, small group, and solitary settings, you will explore the intersection of our natural and built worlds and how we can learn from “nature as architect.” The problems we are facing are big, but the solutions are BIGGER. Fritjof Capra said: “Healing the universe is an inside job.” Readings, poetry, music, reflective time outdoors, etc. will provide an invitation for this *inner healing work*. Note: We will be spending significant time outdoors with the wind, waves, and weather. To apply for this program or to request additional information, please contact Dave Oakes at: dave@cellonline.org or by phone (207) 230-4025 or Holly Wilkinson at hwr@gmavt.net, or 802 922-1425. Your application can be e-mailed or snail-mailed to us.

Application



Name _____ Cell phone _____

Address _____ E-mail _____

Please describe any dietary and/or health needs you may have:

Please share in 50 words or less your motivation for attending this retreat:

Please remit payment of **\$400** to Dave Oakes, 60 Blueberry Hill Road, Hope, Maine 04847 **by May 17**. If you would like to give to the scholarship fund to assist those who may not have the resources to attend, please feel invited to do so. Partial scholarships are available.